



Karis Dental Patient Kim Cross after dental care

Free and Low-Cost Dental Care Resource Guide

2018 Tennessee Listings

Transforming Lives, Transforming Communities, One Smile at a Time

Kim Cross is many things: outgoing, friendly, a mother and a single grandmother raising a granddaughter. However, like each of us, she has her challenges. In 2016 some of those challenges included struggling with depression, making enough money to be independent, and a lack of self-confidence due to an oral profile that included missing teeth.

“I was living life smiling with my mouth closed, or not smiling at all It was so hard talking to people without being embarrassed by my teeth, as we all know that’s the first thing people notice. It also hindered me in getting a job; who wants to hire someone with bad oral hygiene?” said Cross in a 2017 testimonial for **Tennessee Dental Safety Net**. However, Cross refused to be defeated by her challenges and began searching for dental care options that could help her regain confidence despite her financial limitations.

After some serious searching, Cross found **Karis Dental**, a non-profit dental clinic located in East

Tennessee that offers care to community members who are uninsured or living below the poverty threshold.

In the spring of 2017, Cross reclaimed her Smile Power® with a set of dentures that allows her to share her smile with confidence.

“I have a job now working with the public and it helps in providing for my granddaughter. But, the part that it has impacted most is my self-esteem. It gave me back my self-worth and confidence. I wake up and smile first thing in the morning, amazed that I found a place that cares enough to help people that can’t afford good dental health.”



Cross before dental care

Cross’ story is one of inspiration and encouragement. However, many Tennesseans like her grapple with the reality of oral health and financial constraints. But, **Delta Dental of Tennessee’s Smile180 Foundation** is here to help.

This guide is published by Delta Dental of Tennessee’s Smile180 Foundation to help those who cannot afford dental care find free and low-cost resources for oral care in the state of Tennessee. This guide offers a directory of free, low-cost and sliding-fee dental clinics located across the state.

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About the Clinics in This Guide

Most clinics in this guide serve community members who do not have dental insurance and cannot afford dental services at market rate prices. Many of these clinics rely heavily on volunteer dental professionals and support staff to offer dental services. Each of these health facilities has a unique process for screening payment ability and processing patients.

Although the clinics in this guide aim to offer timely care and meet the needs of all patients, **high levels of demand and emergency health situations may cause long wait times.** This is especially true for patients seeking non-emergency restorative and routine care (such as dentures or routine cleanings). Potential **patients are strongly encouraged to contact more than one clinic to learn more about availability, payment options and wait times for services.** Patients should expect to provide proof of income eligibility to receive care.

Types of Clinics

Free:

Free Clinics provide services at no cost to patients who meet income eligibility requirements.

Federally Qualified Health Center (FQHC):

Federally qualified health centers (FQHC) are not-for-profit clinics that receive federal grants to offer sliding-fee-scale payment programs for patients who qualify.

Low Cost:

These clinics offer dental services at prices that are lower than average market rates.

Sliding Fee Scale Clinics:

Sliding fee scale clinics allow patients to pay for services on a "sliding" scale based on income limitations.

East Tennessee

Dodson Avenue Community Health Center

1200 Dodson Avenue
Chattanooga, TN 37406
Hamilton County
Ph: 423-778-2800

Hours:

Monday 8:00 a.m.-7:00 p.m.
Tuesday-Thursday 8:00 a.m.-5:00 p.m.
Friday 8:00 a.m.-4:00 p.m.

Comprehensive Dental Services Offered

- Cleanings
- Exams
- Oral surgery

Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost
Smile180 Foundation Grant Recipient

Friends In Need Healthcare, Inc.

1105 West Stone Drive
Kingsport, TN 37660
Sullivan County
Ph: 423-224-5697
www.FriendsInNeed.org

Hours

Monday-Thursday 8:00 a.m.-5:00 p.m.
Closed for Lunch 12:00 p.m.-1:00 p.m.
Friday 8:00 a.m.-12:00 p.m.

Comprehensive Dental Services Offered

- Full diagnostic X-rays
- Comprehensive exam

Services available for adult Tennessee residents living in Hawkins and Sullivan Counties. Eligibility screening required.

Clinic Classifications

Low Cost, Sliding Fee Scale
Smile180 Foundation Grant Recipient

Healing Hands Health Center

245 Midway Medical Park
Bristol, TN 37620
Sullivan County
Ph: 423-652-0260
www.HealingHandsHealthCenter.org

Hours

Monday-Friday 8:00 a.m.-5:00 p.m.
Closed for Lunch 12:00 p.m.-1:00 p.m.

Clinics

Healing Hands Health Center Continued

Comprehensive Dental Services Offered

- Acute dental care
- Cleanings
- Fillings
- Local anesthesia only
- Extractions
- Oral surgery

Services available for Northeast Tennessee residents. Eligibility screening required for appointments.

Clinic Classifications

Low Cost

Smile180 Foundation Grant Recipient

InterFaith Health Clinic

315 Gill Avenue

Knoxville, TN 37917

Knox County

Ph: 865-546-7330

www.InterFaithHealthClinic.org

info@interfaithhealthclinic.org

Hours

Monday–Thursday 8:00 a.m.–8:00 p.m.

Friday 8:00 a.m.–5:00 p.m.

Comprehensive Dental Services Offered

- Full diagnostic X-rays
- Hygiene cleanings
- Comprehensive exams
- Crowns, fillings, partials
- Oral surgery

Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost

Smile180 Foundation Grant Recipient

Karis Dental

254 Broad Street Southwest

Cleveland, TN 37311

Bradley County

Ph: 423-457-8024

www.KarisDental.org

karisdentalclinic@gmail.com

Hours:

Monday, Wednesday, Friday 8:30 a.m.–3:00 p.m.

Tuesday, Thursday 8:30 a.m.–5:00 p.m.

Comprehensive Dental Services Offered

- Dental screenings
- Dentures, partials, crowns
- Extractions
- Cleanings
- Fillings
- Dental hygiene education

Karis Dental offers services to Tennessee residents living at or below the federal poverty threshold in Bradley County. Eligibility screening required.

Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost

Smile180 Foundation Grant Recipient



About the Information in This Guide

This dental resource guide contains information provided by the clinics listed. While reasonable effort has been made to include accurate and current information, Delta Dental of Tennessee and the Smile180 Foundation are not responsible for errors or omissions in the information. This guide is only intended to provide information to individuals and families and does not represent any recommendation, endorsement or warranty by Delta Dental or the Smile180 Foundation for any clinic listed herein or services provided by said clinics.



by Delta Dental of Tennessee

Helpful Steps for Getting Care:

Each clinic has a unique process for meeting the needs of patients. Using these steps will help clinics meet your needs in a more timely and efficient manner.

1 Call Before You Go: Calling clinics first and inquiring about the issues listed below will help you discover how to best get the care you need and deserve.

Things to ask about:

Eligibility: Most clinics in this guide offer services based on your income and where you live. Many clinics will require proof of income and address. Learning about eligibility requirements by phone can save time and money.

Availability of Services: Learning which services are available and if services have wait periods for processing or receiving care can help you select a clinic and time frame that meets your needs.

How to Make an Appointment: Although some clinics accept walk-ins, most clinics in this guide require an appointment prior to service. Some clinics may have specific procedures for appointment setting.

2 Explore Your Options: Contacting more than one clinic allows you to learn what options are available and what screening processes are required to receive care.

3 Make an Appointment: After deciding which clinic is right for you, contact the clinic and follow the clinic's procedures for making an appointment.

4 Get the Care You Need: After you make your appointment, follow the clinic's procedures for attending the clinic and receiving care. If you can't make your appointment, call or contact the clinic to reschedule or cancel your appointment. This will allow the clinic to meet the needs of other patients who are seeking care.

5 Follow Up: Prevent future dental problems by following the instructions given by clinic staff, attending follow up appointments, and practicing good oral hygiene at home.

East Tennessee

Keystone Dental

603 Bert Street
Suite 206
Box 12
Johnson City, TN 37601
Washington County
Ph: 423-232-7919
www.KeystoneDentalJC.com
office@keystonedentaljc.com

Hours

Monday–Friday 8:00 a.m.–4:00 p.m.
Closed for Lunch 12:00 p.m.–1:00 p.m.

Comprehensive Dental Services Offered

Keystone Dental offers comprehensive dental services to adults 19 years of age or older who meet federal poverty guidelines and live in East Tennessee. Eligibility screening required.

Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost
Smile180 Foundation Grant Recipient

Mountain Hope Good Shepherd Clinic

312 Prince Street
Sevierville, TN 37862
Sevier County
Ph: 865-774-7684
www.MountainHope.org

Hours

Monday–Friday 8:00 a.m.–5:00 p.m.
Dental services offered two days a week by appointment only. Contact Mountain Hope Good Shepherd Clinic for more information.

Comprehensive Dental Services Offered

- Extractions
- Simple fillings
- Cleanings

Clinic Classifications

Low Cost
Smile180 Foundation Grant Recipient

Servolution Health Services

245 Powell Valley School Lane
Speedwell, TN 37870
Claiborne County
Ph: 423-419-5070
www.ServolutionHealthServices.org
info@servolutionhealthservices.org

Clinics

Servolution Health Services Continued

Hours

By appointment only. Please contact for more information.

Comprehensive Dental Services Offered

Servolution Health Services is a faith-based clinic that provides comprehensive dental services to uninsured community members living below 200% of the poverty level. Eligibility screening required.

Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost
Smile180 Foundation Grant Recipient

Smiles, Inc

107 East 10th Street
P.O. Box 248
South Pittsburg, TN 37380
Ph: 423-228-3077
www.smilesfreedental.com
smilesfreedental@yahoo.com

Hours

Applications accepted Tuesdays 2:00 p.m.–4:00 p.m.
Services scheduled based on dental staff availability.

Comprehensive Dental Services Offered

- Extractions
- Hygiene Cleanings

Clinic Classifications

Free to citizens who meet eligibility screening requirements.

Trinity Dental Clinic

1127 East Lamar Alexander Parkway
Maryville, TN 37804
Blount County
Ph: 865-681-0770
www.TrinityDentalClinic.org
thmin@bellsouth.net

Hours

Dental services by appointment based on staff availability. Contact Trinity Dental Clinic for more information.

Comprehensive Dental Services Offered

- Emergency treatment
- Cleanings
- Extractions
- X-Rays

Comprehensive dental services offered for Tennessee residents living in Blount County who are 21 years of age or older.

Clinic Classifications

Low Cost
Smile180 Foundation Grant Recipient



Did You Know?

Children and pregnant women living in Tennessee may be eligible for health assistance programs.

TennCare covers all routine and diagnostic dental costs for qualifying Tennessee children.

To learn more visit
www.tn.gov/tenncare

Call
1-855-259-0701 or 615-743-2000

Need Help, But Don't Qualify for TennCare?

CoverKids is a state program for Tennessee children and pregnant women who do not qualify for TennCare.

To learn more visit
www.CoverKids.com

Call 1-866-620-8864
for information on eligibility.



by Delta Dental of Tennessee

About Delta Dental of Tennessee

Delta Dental of Tennessee is a non-for-profit dental insurance provider dedicated to advancing oral health care for Tennesseans through products, advocacy and philanthropy.

Currently, the company is the largest independent dental insurance provider in the state, with more than 2,000 employer groups representing over 1.2 million Tennesseans.

The company also has one of the state's largest network of practicing, licensed dentists with more than 90% participating in our Delta Dental Premier™ network and more than 70% participating in Delta Dental PPOSM. Delta Dental of Tennessee uses this leverage to give back to the community through its Smile180 Foundation and partnerships with other charities dedicated to the health and wellbeing of Tennesseans.

Visit www.DeltaDentalTN.com to learn more.

Middle Tennessee

Good Samaritan Ministry

346 Union Street
Clarksville, TN 37040
Montgomery County
Ph: 931-648-2444

Hours:

Office: Monday–Friday 9:00 a.m.–12:00 p.m.

Appointment options based on staff availability. Call for more information.

Comprehensive Dental Services Offered

- Extractions only (no third molars/wisdom teeth)
- Composites and cleaning done through dentist referrals

Dental services available for adult Tennessee residents who are age 18 and older.

Clinic Classifications

No Cost

Smile180 Foundation Grant Recipient

HOPE Salvus Dental Clinic

1005-B Union School Road
Gallatin, TN 37066
Sumner County
Ph: 615-644-4746
www.salvuscenter.org
info@hopefamilyhealth.org

Hours

Friday 8:00 a.m.–12:00 p.m.

Comprehensive Dental Services Offered

- Full diagnostic X-rays
- Comprehensive exam
- Extraction
- Restorative care

HOPE Salvus Dental Clinic is a faith-based health center that provides health services to Tennessee residents living in Sumner County.

Clinic Classifications

Low Cost, Sliding Fee Scale

Smile180 Foundation Grant Recipient

Interfaith Dental Clinic

www.interfaithdentalclinic.com

Nashville Location

1721 Patterson Street
Nashville, TN 37203
Davidson County
Ph: 615-329-4790

Clinics

Interfaith Dental Clinic Continued

Murfreesboro Location

210 Robert Rose Drive
Murfreesboro, TN 37129
Rutherford County
Ph: 615-225-4141

Hours

Monday–Wednesday 8:00 a.m.–4:00 p.m.
Thursday 1:00 p.m.–7:30 p.m.
Friday 8:00 a.m.–12:00 p.m.

Comprehensive Dental Services Offered

- Full diagnostic x-rays
- Comprehensive exams
- Design and complete treatment plans that include full restorative and preventive care

Interfaith Dental Clinic provides comprehensive and emergency dental services by appointment to Tennessee residents living in the following counties: Cannon, Cheatham, Davidson, Dickson, Robertson, Rutherford, Sumner, Williamson, and Wilson. Eligibility screening required. Emergency dental care appointments may be available on a first-call, first-served basis. Call for more information. Walk-ins not accepted.

Clinic Classifications

Low Cost, Sliding Fee Scale
Smile180 Foundation Grant Recipient

Meharry Medical College School of Dentistry

1005 Dr. D.B. Todd Jr. Boulevard
Nashville, TN 37208
Davidson County
www.MMC.edu
www.mmc.edu/Patientcare/School-of-dentistry/SodClinicAppointments

Phone Numbers

General Dental Clinic: 615-327-6297
Oral Surgery Clinic: 615-327-6844
Student Clinic: 615-327-6669

Hours

General Dental and Oral Surgery Clinics:
Monday–Friday 8:00a.m.–4:30 p.m.
Student Clinic:
8:00 a.m.–1:00 p.m.

Looking for Affordable Dental Insurance?

Delta Dental of Tennessee offers reasonably priced dental insurance coverage for individuals and families.

To learn more visit
www.CoverYourMouth.com

Call
1-855-844-0445

Did You Know?

120 signs and symptoms of diseases can be found during a routine dental exam.

Taking care of your smile is just one way to spot early indicators of heart disease, diabetes, oral cancer, and many other health challenges.

Good health begins with a plan from Delta Dental of Tennessee.



Learn More About Taking Care of Your Smile

Use these online informational resources to learn how you can unleash your smile power and take care of your oral health:

Delta Dental of Tennessee's Oral Health Website

www.DeltaDentalTN.com/Wellness

Middle Tennessee Oral Health Coalition

www.TnOralHealth.org

American Dental Association® Oral Health Website

www.MouthHealthy.org

Visit

www.DeltaDentalTN.com/grinmagazine to download *Grin!* magazine

Grin! magazine is a publication available from Delta Dental of Tennessee that offers news and entertainment stories to help you maintain a healthy smile. Also available in an annual kids' edition.



Middle Tennessee Clinics

Meharry Medical College School of Dentistry Continued

Comprehensive Dental Services Offered

Meharry Medical College School of Dentistry serves Tennessee residents through its General Dental, Oral Surgery and Student Clinics.

Services offered but not limited to:

- Most general and comprehensive dental services
- Extractions
- Implants
- Emergency dental services based on eligibility

Please note: the Student Clinic is staffed by dental students. Davidson County residents may seek emergency appointments by calling 615-341-4357. Most insurance accepted.

Clinic Classifications

Low Cost, Sliding Fee Scale

Smile180 Foundation Grant Recipient

Neighborhood Health

Ph: 615-227-3000

NeighborhoodHealthTN.org

East Side Location

905 Main Street
Nashville, TN 37206
Davidson County

Lebanon Location

217 East High Street
Suite 200
Lebanon, TN 37087
Wilson County

Napier Place Location

107 Charles E. Davis Boulevard
Nashville, TN 37210
Davidson County

Hours

Monday–Friday 8:00 a.m.–5:00 p.m.

Comprehensive Dental Services Offered

- Exams and X-rays
- Extractions
- Emergency care
- Fillings
- Partials and dentures
- Sealants, fluoride and other preventive care
- Referral for special needs

Neighborhood Health serves both children and adults and has other locations that offer general health services but without dental care.

Clinic Classifications

Low Cost, Sliding Fee Scale

Smile180 Foundation Grant Recipient

West Tennessee Clinics

Church Health

1350 Concourse Avenue
Suite 142
Memphis, TN 38104
Shelby County
Ph: 901-272-0003
www.ChurchHealth.org

Hours

Monday-Friday 7:30 a.m.-5:00 p.m.
Church Health Dental closes at noon on the first and third Wednesday of each month.

Comprehensive Dental Services Offered

- Exams
- X-rays
- Cleanings
- Fillings
- Extractions
- Root canals
- Crowns
- Periodontal therapy
- Dentures

Dental services for Church Health and Memphis Plan participants are offered by appointment only. Visit www.ChurchHealth.org or call to learn more about becoming a patient.

Clinic Classifications

Low Cost, Sliding Fee Scale
Smile180 Foundation Grant Recipient

University of Tennessee Health and Science Center College of Dentistry (UT)

875 Union Avenue
Memphis, TN 38163
Shelby County
www.uthsc.edu/dentistry/patients

Phone Numbers

Dental Hygiene Clinic: 901-448-6262
Emergency Clinic: 901-448-6211
Predoctoral Student Clinic: 901-448-6241
University Dental Faculty Practice: 901-448-6476

Hours

Monday-Friday 8:00 a.m.-5:00 p.m.
Please note: clinic hours subject to change when school is not in session. Call for more information.

Comprehensive Dental Services Offered

- Emergency services
- Full diagnostic X-rays
- Comprehensive exams
- Cleanings
- Fillings
- Extractions
- Gum disease treatments
- Limited oral surgery

Please note: dental services are provided by a combination of student doctors and qualified dentists.

About Delta Dental of Tennessee's Smile180 Foundation

At Delta Dental of Tennessee, our core mission is to enhance the health and wellbeing of community members by improving oral health in our state. Founded in 2015, the Smile180 Foundation is a 501(c)(3) organization that is fully funded by Delta Dental of Tennessee. The foundation works to fulfill Delta Dental's mission by supporting dental education, children's hospitals and reduced-cost dental clinics and other like-minded charities in the state of Tennessee.

The Smile180 Foundation reflects the transformative power of a healthy smile to turn someone's life around. We believe a smile promotes confidence and is an essential part of a healthy productive life.

How the Smile180 Foundation Gives Back

Dental Schools and Continuing Education

We are committed to helping Tennessee's future dentists receive the best education in the best facilities possible and supporting current dentists in learning cutting edge methods and procedures.

Children's Hospitals

When children are in the hospital, it's not always possible for them to receive the dental care they need. We help provide facilities that allow them to receive treatment without leaving the hospital.

Dental Clinics

The most at-risk members of our communities are least likely to receive the dental care they need. We support dental clinics, like those listed in this guide, that provide oral care to the low income and underserved.

For more information about the Smile180Foundation please visit:

www.Smile180.com

www.facebook.com/ShareaSmileTN



by Delta Dental of Tennessee



West Tennessee Clinics

UT Continued

Clinic Classifications

Low Cost

Smile180 Foundation Grant Recipient

Reelfoot Rural Ministries

6923 Minnick-Elbridge Road

Obion, TN 38240

Obion County

Ph: 731-538-3900

www.ReelfootRuralMinistries.org

Hours

First and third Friday of each month

9:00 a.m.-3:00 p.m.

Comprehensive Dental Services Provided

- Extractions
- Endo treatments
- Pro-bono surgical referrals
- Prosthetic clinic / lab
- Fillings

Reelfoot Rural Ministries Dental Clinic offers care to uninsured Tennessee residents living in Dyer, Lake and Obion Counties and Kentucky residents living in Fulton County.

Clinic Classifications

Low Cost

Smile180 Foundation Grant Recipient

Dental Health Events

Hope Smiles-Nashville

Ph: 615-324-3904

www.HopeSmiles.org

info@hopesmiles.org

2018 Dates and Locations

Hope Smiles provides emergency and acute dental care through mobile dental clinics in the United States, Haiti and Uganda. Call or check online for upcoming events, locations and hours.

Comprehensive Dental Services Offered

- Emergency care
- Oral exams
- Extractions
- Filling
- Cleanings
- Crowns
- Partials and dentures

Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost

Smile180 Foundation Grant Recipient

Dental Health Events

Mid-South Mission of Mercy

www.MidSouthMissionofMercy.org
info@midsouthmissionofmercy.org

2018 Dates and Locations

January 26-27, 2018
6:00 a.m.-4:00 p.m.
Bellevue Baptist Church
2000 Appling Road
Cordova, TN 38016

Comprehensive Dental Services Offered

- Diagnosis by a dentist
- Minor restorative fillings
- Extractions and cleanings
- Oral health education

The Mid-South Mission of Mercy (MidMOM) offers free two-day dental clinics for under-served Tennessee residents living in Memphis and surrounding areas, who are uninsured or cannot afford dental work. Please check online for more information about events and services.

Clinic Classifications

Free

Remote Area Medical-Knoxville

Ph: 865-579-2555
www.RAMUSA.org
info@ramusa.org

2018 Dates and Locations

Remote Area Medical utilizes mobile medical clinics to serve patients who do not have access to medical services or who cannot afford to visit a doctor. Call or go online for information about upcoming events, locations and hours.

Comprehensive Dental Services Offered

- Cleaning
- Fillings
- Extractions

Clinic Classifications

Free
Smile180 Foundation Grant Recipient



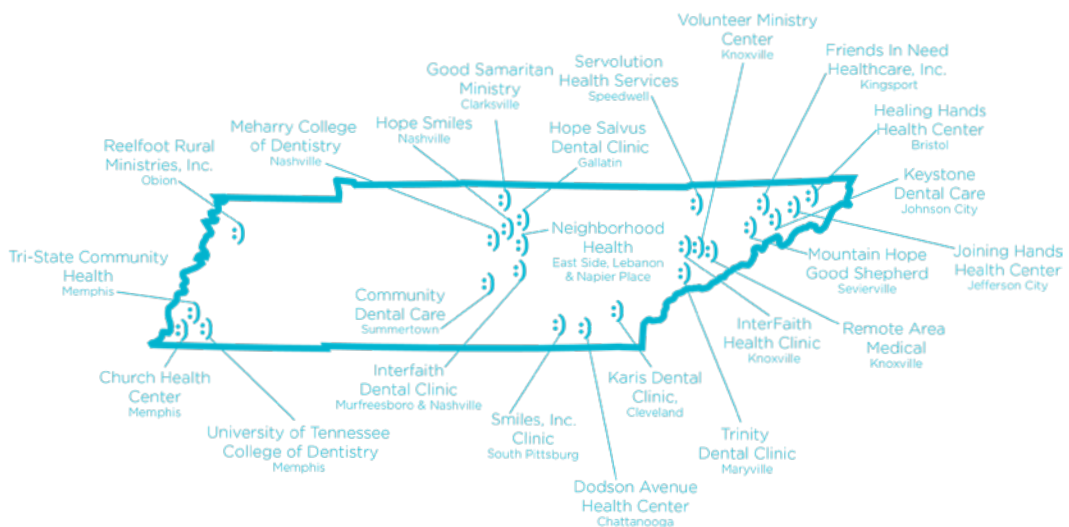
What Are Dental Health Events?

Dental health events aim to address the needs of areas with limited medical care providers. These events invite community members living in remote or underserved areas to meet at a designated date, time and location to receive health care. Events are typically hosted by volunteer-supported organizations and take place over several days. Community members interested in learning more about the next dental health event can contact the host organizations listed on this page.



Find the care that works for you, your location, your family, and your situation.

The Smile180 Foundation is here to help you find the dental care resources you need. This guide offers a list of free and low-cost clinics and resources located in the state of Tennessee.



Transforming lives. Transforming communities. One SMILE at a time.



by Delta Dental of Tennessee

Smile180.com

Published by the Smile180 Foundation and Delta Dental of Tennessee